

## **Portland Spa & Boutique**

0315 SW Montgomery Street  
Suite 360  
Portland, OR 97201  
503-222-0105 (p)  
503-222-0134 (f)  
[www.portlandspa.net](http://www.portlandspa.net)

### **Helpful Hints on Throwing a Perfect PW Spa Party!**

1. Confirm your group members' availability: this can be the hardest part for the organizer, especially if your group members all have different schedules. You may choose to send out invitations by mail or e-mail and ask people to RSVP. E-vite is an easy and free way to send out invitations to everyone with all your party details. Everyone who receives the invitation will be able to RSVP directly in the E-vite and let you know whether they will be able to attend or not.
2. Book in advance. Once you confirm everyone's availability, it is time to call the spa and make your reservation. Try to book at least 2 weeks in advance.
3. Choose your treatments and provide us with a list of guest names and services.
4. Arrive early: All group members should arrive 15 minutes early. When group members arrive late, there might not be enough time for their services.
5. Gratuities: If you are satisfied with your service, may leave a gratuity for your service provider. If you are in a group of six or more, an 18% gratuity is included.
6. If you're getting pedicures, remember to wear sandals!

## **6-Month Wedding Plan**

Check with our Estheticians to develop a planned skin care treatment regimen leading up to your special day.

### **6 months**

Begin a series of body treatments and facials to achieve long-term health and beauty goals. Concerned about unwanted hair, spider veins, sun damage, rosacea, wrinkles, age spots or broken capillaries? To improve the health and youthful appearance of your skin, try our natural skin care products, microdermabrasion, or the quick results of laser services.

### **3 Months**

Start your skincare plan for a natural, healthy glow on your wedding day. Choose from our facials, firming body treatments, and laser services. Discuss a treatment series with your favorite esthetician who will advise you on future treatments and home care.

### **1 Month**

Relax. Take pleasure from one of our bridal packages. Treat yourself, your friends and family to a spa bachelorette party or bridal shower - special party packages available.

### **One week to 10 days**

Wax now to ensure that minor irritation is gone by the big day, and that your skin is still soft & silky for the honeymoon. Receive your final facial, body firming treatment, and back facial to maintain that your natural, healthy glow.

### **3 - 5 Days**

Enjoy a manicure and pedicure to be shiny and new for your wedding day.

### **Day Before**

Have some alone time. The more relaxed, the more beautiful you will feel for your wedding day. De-stress with a our Just Relax package, or maybe just a Warm Stone Massage.

We have enjoyed taking care of you.

Enjoy your wedding day!

You look beautiful.